



Tom Pasley's Keys for Healing Presents:

SHAMANIC TIGER QIGONG

**Shamanic Tiger Qigong
May 11 - June 15**

- Awakens energy and consciousness in your body—to feel more alive and more grounded
- Opens your energy gates and meridians—to achieve long lasting, buoyant health
- Allows the free flow of Qi—to connect with universal energy and attain deep levels of tranquility
- Strengthens your immune system—to better protect you from disease
- Enhances your flexibility and mobility—to enjoy easier, pain-free movement
- Relaxes your body and mind—to reduce unwanted tension and stress

Dates:

May 11 - June 15

Tuesdays 6:30 - 7:30pm.

Pricing for 6 week session:

\$42/resident \$48/non-resident

Instructor:

Tom Pasley
Nationally Certified Qigong Master
www.stlouisqigong.com
www.keys4healing.com

Location:

Maryland Heights Centre
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Maryland Heights, MO 63043
(314) 434-1919

CALL (314) 434-1919 to sign up today!