

Tom Pasley and St. Louis Qigong Present:

Fire Dragon Qigong

**Enhances the Immune System
Regulates and Stabilizes Blood Pressure
Increases Energy in the Body
Strengthens the Body and Improves Balance**



**Location: Maryland Heights Community Center
2344 McKelvey Rd
Maryland Heights, MO 63043**

**Time: Wednesdays 6:30 - 7:30 p.m.
Dates: Feb. 29 - April. 4**

\$42/resident \$48/non-resident

Call and Register Today!

(314) 738-2599